

Prices

Single admission prices. Cheques are not accepted. Credit & debit card payments incur charges, no transactions under £5.

General Admission Prices

Child Swim (upto 3yr old)	FREE
Child Swim (3-16yr old)	£3.50
Adult Swim (16-60yr old)	£4.00
Family Swim (2x Adults + 2x Children)	£14.60
Concessions Swim (60+ with ID)	£3.70
Student Swim (with NUS card)	£3.70
Caregivers	£3.50
Adult Swimming Monthly Membership	£27.70
Junior Swimming Monthly Membership	£18.70

Swimming Lessons

We offer the following 30min lessons per week, these are available to book in 4,8, or 16 week blocks. Contact us for more details and availability.

Parent and Child (4mths - 3yrs), Pre-school (3-4yrs)
Stages 1-7, Rookie Lifeguard, Lifesaving, Survive and Save
Adult lessons and Private 1:1 or 2:1 lessons

Fitness & Wellbeing

Shallow and deep water aquafit classes designed to provide a thorough low impact workout.

Aquafit (16+)	£5.60
Aquafit and Swim	£7.60
Adult Fitness Monthly Membership	£36.00
Senior Fitness Monthly Membership	£32.00

RLSS UK Courses

We operate a number of courses to meet the RLSS standards such as; National Pool Lifeguard Qualification (NPLQ), Survive and Save, Rookie Lifeguard and First Aid at work (FAAW). Please call to arrange training and booking.

Private Hire Swimming

We have number of themed private hire sessions available for booking, please call to arrange a session.



Oaklands Community Pool

*The local charity
working for you!*

Timetables

2019



023 8073 3496



facebook.com/lordshillpool



info@oaklandspool.org.uk



www.oaklandspool.org.uk

Oaklands Community Pool,
Cromarty Road, Lordshill, Southampton,
Hampshire, SO16 8LX
Registered Company: 08494371
Registered Charity: 1159791

		7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
MON	Main		Public Swim			AquaFit	50+ Swim	Public Swim Closes 12:40pm	Private Hire (Closed to public)			Public Swim	Learn 2 Swim (closed to public)		AquaFit	Adult Lanes	
	Learner	Closed	Fun Swim	Private Hire (Closed to public)			Fun Swim Closes 12:40pm	Private Hire (Closed to public)			Fun Swim	Learn 2 Swim (closed to public)	Closed				
TUE	Main		Public Swim			AquaFit	Disability Swim	Public Swim Closes 12:40pm	Private Hire (Closed to public)			Public Swim	Learn 2 Swim (closed to public)	Adult Lanes	AquaFit	Adult Lanes	
	Learner	Closed	Fun Swim	Closed			Fun Swim Closes 12:40pm	Private Hire (Closed to public)			Fun Swim	Learn 2 Swim (closed to public)	Closed				
WED	Main		Public Swim				AquaFit	Public Swim Closes 12:40pm	Private Hire (Closed to public)			Public Swim	Learn 2 Swim (closed to public)	Private Hire (Closed to public)	Adult Lanes		
	Learner	Closed	Fun Swim	Private Hire (Closed to public)			Fun Swim Closes 12:40pm	Private Hire (Closed to public)			Fun Swim	Learn 2 Swim (closed to public)	Closed				
THUR	Main		Public Swim	Private Hire (Closed to public)		AquaFit	Public Swim Closes 12:40pm	Private Hire (Closed to public)			Public Swim	Swimming Lesson	Adult Lanes	AquaFit	Adult Lanes		
	Learner	Closed	Fun Swim	Private Hire (Closed to public)						Learn 2 Swim (closed to public)		Closed					
FRI	Main		Public Swim	Private Hire (Closed to public)		AquaFit	Public Swim Closes 12:40pm	Private Hire (Closed to public)			Public Swim		Private Hire (Closed to public)				
	Learner		Fun Swim	Closed		Fun Swim Closes 12:40pm		Private Hire (Closed to public)			Fun Swim	Learn 2 Swim (closed to public)	Closed				
SAT	Main			Public Swim				Inflatable Session		Party Hire							
	Learner			Learn 2 Swim (closed to public)				Fun Swim		Closed							
SUN	Main			Public Swim				Inflatable Session		Party Hire							
	Learner			Fun Swim						Closed							

This timetable can be changed without prior notice given.

Lessons are closed to the public and need prior booking, Lessons take place in both the Learner and Main pools, call or speak to the reception to book your child in.

The whole pool may not always be available, teaching and coaching sessions may be taking place during your session.

Child Admission Policy: In the main pool children 3 and under must be supervised on a 1:1 basis with an adult, 4-7 year olds on a 1:2 and over 8's do not need to be accompanied. An adult is 16 +.